



Dave Lyon  
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We are so glad you'll be joining us on SPAC this year! We can't wait to hit the snow. Already the coaches and I have begun training and making plans for this season.

## **First Day of Race Team**

### **Dec. 10th & 11th 8:45 am ready to go**

In December, 8:45 am to 2:00 pm will be our regular training schedule for Intro, All Mountain and Mighty Mite kids. Juniors will train 1 hour longer, until 3:00 pm. We will meet for training in front of the SPAC shack. (Slightly up the hill from the loading area for Kehr's Chair/Big Chief) We will break for lunch from 11:00am to 12:00.

Please arrive with your lift ticket, ready to ski, at least 5 minutes prior to our start time. Your coach/coaches will meet you then, and answer any last minute questions. The goal for our first day is to get everyone comfortable, back on their skis and to get to know you each a little better. We also want you to have a chance to get to know each other. We will not run gates on this day. We will begin working on some specific drills. Remember, this day is just the first day of what we are sure will be an incredible season. Everyone is sure to feel a little "rusty", many will have new boots or skis or both, some will feel nervous about making new friends. Let's just do our best to have FUN, and focus on how great it feels to be skiing again after a long summer.

❖ **New Parent Orientation Mtgs:** Will be held **the 2nd Saturday** (Dec. 17<sup>th</sup>) **and Sunday** (Dec. 18<sup>th</sup>), **we are on-snow**. We will meet upstairs, in the Pacific Crest lodge, following team training. In this meeting we will introduce our staff & give detailed information regarding the day-to-day operations of the club.

❖ **In Case Stevens Opens Early:** IF Stevens opens early, we will NOT start athlete training early. We will use the extra time to train as a coaching staff.

❖ **In Case Stevens is NOT Open for our First Day:** If Stevens Pass is not open for skiing by December 10<sup>th</sup> and 11<sup>th</sup>, we will hold dryland, athleticism and conditioning training in town. Time and location will be emailed to you and may come VERY last minute, as we wait to see if Stevens will open. Check email daily if a late open looks likely.

Please complete and return the Release of Liability signed by student (and parent if student is under age 18) by: **FAX:** (425) 645-7951, **Scan and email:** to Lee at [bookkeeper@spacracing.com](mailto:bookkeeper@spacracing.com) or **PRINT and MAIL** to: SPAC – 611 Pine Street, Edmonds, Washington, WA 98020

Finally, please review the Racer/Parent Responsibilities.

We are really looking forward to this season, and can't wait to see you! Until then, we hope you have a great Autumn with your family.

*See-Ya Soon!* **Dave**

[bookkeeper@spacracing.com](mailto:bookkeeper@spacracing.com))



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## **RACER/PARENTS RESPONSIBILITIES**

As ski racers in a high-profile environment, the image a racer promotes can have a profound impact on STEVENS PASS Alpine Club (SPAC), both positively and negatively. We encourage and expect SPAC racers to exhibit exemplary courtesy and proper skiing etiquette at all times; whether on the slopes or in the lodges. Our goal is to provide a safe, secure and FUN environment for training young racers. Please read & discuss these responsibilities as a family and direct your questions to Dave or any of our staff.

Race training will be held in designated areas only.

Racers are responsible to follow ski area rules & regulations at all times.

Racers may ski only on SPAC designated courses.

Racers may only enter courses from the top, never under the tape/rope boundaries.

If you fall and are not hurt, quickly move away from the race/training area.

No sunglasses worn during race training.

The following are some infractions that may result in immediate suspension or expulsion from the ski area and/or SPAC, *with no refund...*

*Possession, sale or consumption of any alcoholic beverages and/or illegal drugs or narcotics, use of any tobacco products.*

*Reckless skiing or tucking.*

*Disruptive or foul language.*

*Disregard of ski area rules & safety regulations.*

*Excessive speed and/or jumping in public areas.*

*Skiing out of the ski area boundaries or in a closed area.*

*Vandalism, theft.*

*Blatant disregard of verbal instructions by authorities of the ski area and/or SPAC.*

*Fighting.*

*In general, conduct yourself in a courteous, responsive manner respecting the health, safety & property of yourself & others.*



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**SPAC Release of Liability**

**Student Name:** \_\_\_\_\_

1. I am aware that skiing/snowboarding is a hazardous sport that includes certain risks and dangers, including the risk of serious injuries. I voluntarily accept full responsibility for all risks involved, including risks inherent in skiing/snowboarding and in the ski area/mountain environment. \_\_\_\_\_ (initial here)
2. I accept responsibility to ski /snowboard safely at all times, to abide by the Our Responsibility Code, and to obey all posted behavior notices and any other Stevens Pass Alpine Club (SPAC), or ski area rules and policies. Any equipment I use while skiing/snowboarding, I use at my own risk. \_\_\_\_\_ (initial here)
3. I agree to RELEASE, HOLD HARMLESS AND INDEMNIFY SPAC, and Steven's Pass Ski Area & any of (their/its) employees, agents, contractors, subsidiaries, officers or owners from all claims for any injury or damage resulting from any cause, including negligence which arises out of my participation in or any travel to or from SPAC. This release is also binding as to any other person, including all family members, heirs, and executors. \_\_\_\_\_ (initial here)
4. If I am signing on the behalf of a minor, I recognize that I may not release any claims the minor may have. However, I accept full responsibility for all medical expenses incurred as a result of the minor's participation in or travel to and from SPAC, and Steven's Pass Ski Area I also agree to HOLD HARMLESS and INDEMNIFY SPAC, Inc., and Steven's Pass Ski Area for any claims brought by the minor. \_\_\_\_\_ (initial here)
5. This release does not apply to gross negligence or intentional acts.
6. I, as parent or guardian of the above named student(s), do hereby grant SPAC, its employees, or agents, the right to print, photograph, videotape, and/or record the image, likeness of the above named student alone or in groups, on video, film, or any other electronic and printed formats as desired for use in any and all media, now or hereafter known, and exclusively for the purpose of marketing. I do hereby release to SPAC, its agents, and employees all rights to exhibit this work in print and electronic form publicly or privately. I waive any rights, claims, or interest I may have to control the use of the likeness in whatever media used. I understand that there will be no financial or other remuneration for recording me, either for initial or subsequent transmission or playback. I hereby release and hold harmless the SPAC and its authorized representatives from any and all actions, claims, damages, costs, or expenses, including attorney's fees, brought by the student and/or parent or guardian which relate to or arise out of any use of these Recordings as specified above.  
 \_\_\_\_\_ (initial here)
7. I/We, the parents/legal guardians of the Stevens Pass Alpine Club member named above, assume and understand that ski racing and skiing are hazardous activities. Bare spots, variations in snow, ice and terrain, along with bumps, cliffs, moguls, stumps, forest growth and many other obstacles exist within a ski area. In participation with the Stevens Pass Ski Area, all dangers presented by ski racing and skiing are recognized and accepted. The skier realizes that falls and collisions do occur and injuries may result, and therefore assumes such risks and agrees to ski under control at all times. I/We hereby release and hold harmless the Stevens Pass Alpine Club, and any members thereof, the Stevens Pass Alpine Club coaches, Stevens Pass Inc., P.N.S.A., U.S.S.A. and the United States Forest Services and/or any other ski areas at which we may train or race. This release also covers all travel to and from these activities. I agree that I will accept and abide by the rules and regulations of the Stevens Pass Alpine Club, the United States Ski Association and any other rules or regulations imposed by the organizers of any particular competition. I further agree and accept that I will abide by the code of conduct adopted by the United States Ski Association. This release shall be binding on my heirs and assigns. \_\_\_\_\_ (initial here)

\_\_\_\_\_  
**Student** **Date**

\_\_\_\_\_  
**Parent/Legal Guardian** **Date**  
 (if under 18 years of age)

Return Release of Liability signed by student (and parent if student is under age 18) by:

**FAX:** (425) 645-7951, **Scan and email:** Lee [bookkeeper@spacracing.com](mailto:bookkeeper@spacracing.com) or **PRINT and MAIL to:**

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**Must be received and on file with SPAC by December 1<sup>st</sup> .**